



For Caregivers and/or Family with Aging Adults – Use the checklist below to help determine potential medication issues. Contact the patient’s physician to resolve medication problems.

	Yes	No	Action if marked “No”
Person has up to date medication list including prescription, vitamins & OTC drugs?			Create current list of EVERY medication the person is taking. Validate the list with primary physician to ensure accuracy.
Person knows WHY each drug is taken?			Provide education to person or family/caregiver.
Person knows WHEN each drug is taken?			Use pill organizer and ensure proper use.
Person has contact to call for any questions or help relating to medications?			Create a primary contact that can help the person resolve medication questions or concerns.
Person is aware of medication side effects, allergies and adverse drug events?			Provide education to person or family/caregiver.
Person is tolerating meds with no side effects?			Report any adverse effects with physician immediately.
Person is able to get all medications?			Utilize caregiver/family member to retrieve all medications.
All prescriptions are at ONE pharmacy?			Consolidate all prescriptions at one pharmacy location.
Person can afford all needed medications?			Report to physician and inquire about generic alternatives.
Person remembers to take all medications on time as prescribed?			Use pill organizer and/or assist person daily to take medications daily if needed.
Person is physically able to take medications without help?			Assist person as needed. Consult with occupational therapist to improve independence with medication management.

Medication Management Resources

My Medicine List: Keep track of all prescriptions, OTC’s and vitamins	http://www.scriptyourfuture.org/file/4dc82eb89bd17.pdf
Drug Interaction Checker Online:	https://www.webmd.com/interaction-checker/default.htm
Medication Questions: Ask your doctor these questions about your medications.	https://www.uofmhealth.org/sites/default/files/healthwise/media/pdf/hw/form_zm2260.pdf
Prescription Assistance: Resource for financial assistance for medications.	https://medicineassistancetool.org/
Pill organizers: Comprehensive online options.	https://www.amazon.com/s?k=&ref=nb_sb_noss&rh=n%3A3776431&url=node%3D3776431